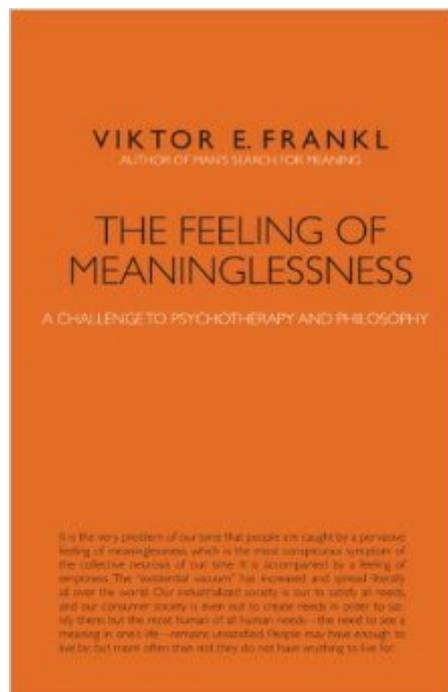


The book was found

The Feeling Of Meaninglessness. A Challenge To Psychotherapy And Philosophy (Marquette Studies In Philosophy)



Synopsis

In *The Feeling of Meaninglessness*, Viktor Frankl, the founder of logotherapy, a psychotherapeutic method which focus on a will to meaning as the driving force of human life, takes a look at how the modern condition affects the human search for meaning. In this series of articles and essays, he discusses how many people suffer from pervasive feelings of meaninglessness in their lives, despite the great material comforts of industrial society. He attributes this sense of meaninglessness to a neglect of our existential needs and offers practical insights and guidelines for how to overcome this meaninglessness and regain mental health through engagement with our existential needs and selves.

Book Information

Series: Marquette Studies in Philosophy

Paperback: 234 pages

Publisher: Marquette Univ Pr (May 5, 2010)

Language: English

ISBN-10: 0874627583

ISBN-13: 978-0874627589

Product Dimensions: 0.8 x 5.5 x 8.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #539,101 in Books (See Top 100 in Books) #24 in [Books > Medical Books > Psychology > Movements > Existential](#) #1620 in [Books > Medical Books > Psychology > Psychotherapy, TA & NLP](#) #1869 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Psychotherapy, TA & NLP](#)

Customer Reviews

Frankl offeres insightful perspective on the way we humans strive to survive, as well as what lack tends to drain all will to survive and hence consider life worthless. No fluff here, this book will force you to think and grapple with meaning.

quick delivery of product. Like all Frankl's work deep and meaningful. Great combination of psychology and philosophy and any and everyone would benefit from reading.

I'm saddened by the fact that I didn't know about Viktor Frankl's books sooner. He is/was a brilliant

soul.

A must for every Frankl fan!

[Download to continue reading...](#)

The Feeling of Meaninglessness. A Challenge to Psychotherapy and Philosophy (Marquette Studies in Philosophy) The Great Psychotherapy Debate: The Evidence for What Makes Psychotherapy Work (Counseling and Psychotherapy) Feeling Happy, Feeling Safe Intensive Psychotherapy for Persistent Dissociative Processes: The Fear of Feeling Real (Norton Series on Interpersonal Neurobiology) Skills in Gestalt Counselling & Psychotherapy (Skills in Counselling & Psychotherapy Series) 30 Day Whole Food Challenge: AWARD WINNING Recipes Guaranteed to Drop Weight; Take the Challenge Today! 30 Day Whole Food Challenge: 30-Day Whole Food Diet Challenge Recipe Cookbook for Weight Loss Eat healthy, Lose Weight! (Whole Foods, Whole Diet, ... Whole Recipes, Whole 30 Diet Plan) (Volume 1) Whole Food: The 30 day Healthy Eating Challenge (The Healthy Whole Foods Eating Challenge - 35 Approved Recipes for Rapid Weight Loss) The End of Comparative Philosophy and the Task of Comparative Thinking: Heidegger, Derrida, and Daoism (SUNY Series in Chinese Philosophy and Culture) ... Chinese Philosophy and Culture (Paperback)) The Economy of the Earth: Philosophy, Law, and the Environment (Cambridge Studies in Philosophy and Public Policy) The Wrong of Injustice: Dehumanization and its Role in Feminist Philosophy (Studies in Feminist Philosophy) The Crisis of European Sciences and Transcendental Phenomenology: An Introduction to Phenomenological Philosophy (Northwestern University Studies in Phenomenology & Existential Philosophy) The Privatization Challenge: A Strategic, Legal, and Institutional Analysis of International Experience (Regional and Sectoral Studies) King Hussein and the Challenge of Arab Radicalism: Jordan, 1955-1967 (Studies in Middle Eastern History) Trans Studies: The Challenge to Hetero/Homo Normativities The Real Food Diet Cookbook: Gluten-Free, grain-free and real food recipes for losing weight, feeling great, and transforming your health Sick and Tired of Feeling Sick and Tired: Living with Invisible Chronic Illness (New Edition) What's So Yummy?: All About Eating Well and Feeling Good Reboot With Joe - Juicing Diet for Losing Weight, Improving Health and Feeling Amazing Fasting: Intermittent Fasting - The Secret To Losing Weight Fast, Permanently And Feeling Wonderful (Intermittent Fasting For Weight Loss, Intermittent Fasting For Women, 5 2 Diet)

[Dmca](#)